

| Date | Name of the seminar | Led by | Details | Empowerments |
|------------------------|--|-------------------------|--|---------------------------------|
| 10 - 11 January, 1998 | Studying "A Treatise on Buddha Nature" (<i>Nyingpo Tenpa</i>) | Lama Rinczen | | |
| 24 - 25 January, 1998 | Studying "A Treatise on Buddha Nature" (<i>Nyingpo Tenpa</i>) | Lama Rinczen | | |
| 11 - 26 February, 1998 | Eight Nyungnes practice | Lama Trinley | | |
| 28 February, 1998 | LOSAR - Amitabha tsok | Lama Rinczen | | |
| 23 - 24 May, 1998 | Shine practice in Mahamudra tradition | Lama Rinczen | | |
| 12 - 14 June, 1998 | Amitabha practice | Lama Rinczen | | |
| 16 - 17 July, 1998 | Visit of Khandro Rinpoche | Khandro Rinpoche | Warsaw - general talk | |
| 18 - 20 July, 1998 | Visit of Khandro Rinpoche | Khandro Rinpoche | Grabnik - kye rim, dzog rim, bodhicitta | Guru Rinpoche, Yeshe Tsogyal |
| 1 - 9 August, 1998 | Amitabha practice | Lama Rinczen | | |
| 7 September, 1998 | Visit of Tenga Rinpoche | Tenga Rinpoche | Warsaw - general talk | |

| | | | | |
|------------------------|--------------------------------|-----------------------|---|--|
| 8 - 16 September, 1998 | Visit of Tenga Rinpoche | Tenga Rinpoche | GRABNIK - Phowa teachings, teachings on bardo | Amitabha, Shi Tro - empowerment of 100 wrathful and peaceful deities |
| 10 October, 1998 | Chenrezig practice | Lama Rinczen | | Chenrezig |
| 17 - 18 October, 1998 | Chod practice | Lama Rinczen | | |
| 14 - 15 November, 1998 | Ngondro practice | Lama Rinczen | | |
| 12 December, 1998 | Medicine Buddha practice | Lama Rinczen | | Medicine Buddha |