

Date	Name of the seminar	Led by	Details	Empowerments
6 - 7 January, 2007	Studying of the text "Dakpo Thargyen" by Gampopa	Lama Rinczen		
27 - 28 January, 2007	Guru Yoga of Four Sessions	Lama Rinczen		
10 - 16 February, 2007	Gutor - Mahakala Bernagchen practice	Lama Rinczen		
18 February, 2007	Tibetan New Year - Milarepa tsok puja	Lama Rinczen		Amitayus (Tsepame)
14 - 15 April, 2007	Introduction to the Vajrayana practice based on the White Tara meditation	Lama Rinczen		White Tara
28 April - 3 May, 2007	Gonkar (White Mahakala) long puja	Lama Rinczen		Gonkar
19 - 20 May, 2007	Preparation to the Phowa practice	Lama Rinczen		
7 - 11 July, 2007	Visit of Namse Rinpoche	Namse Rinpoche	History of the Kagyu Linage, Milarepa's Guru Yoga practice, Mahakala puja with chilu ritual	Milarepa, Kurukulle
19 August, 2007	Visit of Tenga Rinpoche	Tenga Rinpoche	Warsaw - general talk	
20 - 27 August, 2007	Visit of Tenga Rinpoche	Tenga Rinpoche	Teachings on Dewachen Pure Land, Phowa practice, Amitabha Buddha puja, blessing the drubkhang (Green Tara puja and Milarepa tsok)	Amitabha Buddha, Guru Drakpur

15 - 16 September, 2007	White Tara long puja	Lama Rinczen		White Tara
22 - 23 September, 2007	Introduction to the Vajrayana practice based on the Chenrezig meditation	Lama Rinczen		Chenrezig
20 - 21 October, 2007	Lojong practice - The Seven Points of Mind Training	Lama Rinczen		
1 - 4 November, 2007	Dorje Phagmo long puja	Lama Rinczen		
9 - 25 November, 2007	Eight nyungnes practice	Lama Trinley		