

| Date | Name of the seminar | Led by | Details | Empowerments |
|-------------------------------|--|-------------------------------|---|---------------------|
| 12 - 13 January, 2008 | Visit of Sangter Tulku Rinpoche | Sangter Tulku Rinpoche | Introduction to Mahamudra practice based on "The Short Dorje Chang Prayer" | |
| 30 January - 5 February, 2008 | Visit of Sangter Tulku Rinpoche | Sangter Tulku Rinpoche | Gutor | |
| 7 February, 2008 | Visit of Sangter Tulku Rinpoche | Sangter Tulku Rinpoche | Losar-Tibetan New Year - Amitabha tsok puja | |
| 9 February, 2008 | Visit of Sangter Tulku Rinpoche | Sangter Tulku Rinpoche | Losar-Tibetan New Year in Warsaw - Milarepa tsok puja | White Tara |
| 23 - 24 February, 2008 | Visit of Sangter Tulku Rinpoche | Sangter Tulku Rinpoche | Guru Rinpoche practice "The rain of blessings" | Guru Rinpoczego |
| 8 - 9 March, 2008 | Visit of Sangter Tulku Rinpoche | Sangter Tulku Rinpoche | Kye rim and dzog rim - teachings on Vajrayana practice | |
| 29 - 30 March, 2008 | Visit of Sangter Tulku Rinpoche | Sangter Tulku Rinpoche | Chod practice, Milam Lungten | |
| 1 - 4 May, 2008 | Gonkar long puja | Lama Rinczen | | |
| 15 - 17 May, 2008 | Visit of HE Jetsun Khandro Rinpoche | Khandro Rinpoche | GRABNIK - 'Hitting the Essence in Three Words' by Garab Dorje: introduction to dzogchen teachings | Minling Dorje Sempa |
| 7 - 8 June, 2008 | Prajnia Paramita | Lama Rinczen | | Prajnia Paramita |

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| 5 - 11 July, 2008 | Dorje Sempa mandala painting course | Lama Rinczen | | Sang Thig Dorje Sempa |
| 19 - 25 July, 2008 | Introduction to the text "Namshe Yeshe Jopa" | Lama Rinczen | | |
| 19 August, 2008 | Visit of Venerable Tenga Rinpoche | Tenga Rinpoche | Warsaw - general talk | |
| 20 - 25 August, 2008 | Visit of Venerable Tenga Rinpoche | Tenga Rinpoche | Grabnik - detailed explanations to the Medicine Buddha practice (including the palace and mandala deities); three-day Medicine Buddha practice; teachings on Six Paramitas | Yutok Yinten Gynpo, Empowerment of the Three Wrathful (Vajrapani, Hayagriva, Garuda) |
| 13 - 14 September, 2008 | White Tara long puja | Lama Rinczen | | |
| 11 - 12 October, 2008 | Praktyka Czenrezika | Lama Rinczen | | Chenrezig |
| 18 - 22 October, 2008 | Two nyungnes practice | Lama Ngawang | | Chenrezig (empowerment was given by Lama Rinczen) |
| 25 - 26 October, 2008 | Shine practice in the mahamudra tradition | Lama Ngawang | | |
| 8 - 11 November, 2008 | Dorje Phagmo long puja | Lama Rinczen | | |
| 22 - 23 November, 2008 | White Tara practice according to the text written by Tenga Rinpoche | Lama Rinczen | | White Tara |

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| 29 - 30 November, 2008 | Introduction to the text "Namshe Yeshe Jopa" (short revision) | Lama Rinczen | | |
| 13 - 14 December, 2008 | Studying of the text "Dakpo Thargyen" by Gampopa | Lama Rinczen | | |
| 27 December 2008 - 3 January, 2009 | Mahakala puja (Tsalma) | Lama Rinczen | | |