

Date	Name of the seminar	Led by	Details	Empowerments
27 December 2008 – 3 January, 2009	Mahakala puja (Tsalma)	Lama Rinczen		
17 - 18 January, 2009	Teachings about the meaning and practice of the Guru Yoga (based on the Ngondro Guru Yoga text)	Lama Rinczen		
31 January - 1 February, 2009	The Path of Methods and the Path of Liberation - Stages of Vajrayana Practice	Lama Rinczen		
4 - 5 April, 2009	1 aspects of the Green Tara practice (Zab Thig Dolma)	Lama Rinczen		Green Tara
18 - 19 April, 2009	Studying of the text "Dakpo Thargyen" by Gampopa	Lama Rinczen		
1 - 3 May, 2009	Gonkar long puja	Lama Rinczen		Gonkar
16 - 17 May, 2009	Guru Rinpoche practice "The rain of blessings"	Lama Rinczen		
13 - 14 June, 2009	Preliminary practices (ngondro). Part I: prostrations and Dorje Sempa	Lama Rinczen		Dorje Sempa
27 - 28 June, 2009	Preliminary practices (ngondro). Part II: mandala offering and guru yoga	Lama Rinczen		
2 - 6 September, 2009	<b>Visit of Venerable Tenga Rinpoche</b>	<b>Tenga Rinpoche</b>	Seminar in Grabnik	Dorje Phurba, Dorje Sempa, White Tara, Milarepa, Karma Pakshi, Chod

7 September, 2009	<b>Visit of Venerable Tenga Rinpoche</b>	<b>Tenga Rinpoche</b>	Ceremony of closing the gates of drubkhang	
3 - 4 October, 2009	White Tara long puja	Lama Rinczen		
24 - 25 October, 2009	Chod practice	Lama Rinczen		
7 - 11 November, 2009	Two nyungnes	Lama Rinczen		Chenrezig
21 - 22 November, 2009	Lojong practice	Lama Rinczen		