

Venerable Kyabje Tenga Rinpoche

Date	Topic	Empowerments
18 - 19 September, 1996	WARSAW - Commentary to The Hundred Verses of Advice of Padampa Sangye	
20 - 27 September, 1996	GRABNIK - blessing the ground for the stupa, Dorje Sempa practice	Dorje Sempa, Karma Pakshi, Gonkar
7 September, 1998	WARSAW - general talk	
8 - 16 September, 1998	GRABNIK - Phowa teachings, teachings on bardo	Amitabha, Shi Tro - empowerment of 100 wrathful and peaceful deities
13 - 22 June, 2000	GRABNIK - Commentary to "Calling Lama from Afar" ; teachings on accumulating merit; Gonkar practice	Dorje Phurba, Black Dzambhala, Gonkar (White Mahakala), 84 Mahasiddhas
23 - 24 June, 2000	WARSAW - general talk	
8 - 9 June, 2002	WARSAW - general talk	
13 - 16 June, 2002	GRABNIK - teachings on "The Essence of Dharma"	21 Aspects of Tara, Gonkar
4 - 5 October, 2003	WARSAW - general talk	
8 - 13 October, 2003	GRABNIK - teachings; Gonkar practice; White Tara practice	Gonkar, Long-Life White Tara, Chod
16 - 23 August, 2005	GRABNIK - Kalachakra Great Initiation	Kalachakra
27 August, 2006	WARSAW - general talk	
28 August - 3 September, 2006	GRABNIK - mahamudra practice based on "Five points of Mahamudra", Konchok Chidu puja, instructions to Guru Rinpoche practice, Khorwa Dongtruk jang chok	Dorje Phurba, Guru Rinpoche (Konchok Chidu), Khorwa Dongtruk, Hayagriva

19 August, 2007	WARSAW - general talk	
20 - 27 August, 2007	GRABNIK - teachings of Dewachen Pure Land, Phowa practice, Buddha Amitabha practice, drubkhang blessing (Green Tara puja and Milarepa tsok)	Buddha Amitabha, Guru Drakpur
19 August, 2008	WARSAW - general talk	
20 - 25 August, 2008	GRABNIK - detailed explanations to the Medicine Buddha practice (including the palace and mandala deities); three-day Medicine Buddha practice; teachings on Six Paramitas	Yutok Yonten Gonpo; Empowerment of the Three Wrathful (Vajrapani, Hayagriva, Garuda)
2 - 6 September, 2009	Seminar in Grabnik	Dorje Phurba, Dorje Sempa, White Tara, Milarepa, Karma Pakshi, Chod
7 September, 2009	Ceremony of closing the drubkhang	
4 - 11 June, 2010	Teachings based on "The Thirty-seven Practices of a Bodhisattva"	Black Dzambhala, Amitabha
9 - 11 June, 2010	First Kagyu Monlam Poland	1000-Armed Chenrezig
15 - 19 August, 2011	Mahamudra teachings; 80th birthday ceremony	Senge Dongma
20 - 22 August, 2011	Second Kagyu Monlam Poland	Karma Pakshi